Prepare For The Worst

Have you ever thought about how to prepare for an emergency?

How would you:

- Look after your family for 72 hours or longer?
- Cope without power or tap water?
- Contact your family and receive information?

Be Informed – How will you know there is an emergency?

Community Warning Systems

- MobileAlert – Smart911
  https://www.wkrg.com/smart-911/

- NOAA Radio
- Weather Apps
- Radio & TV Broadcast

Be Preprepared

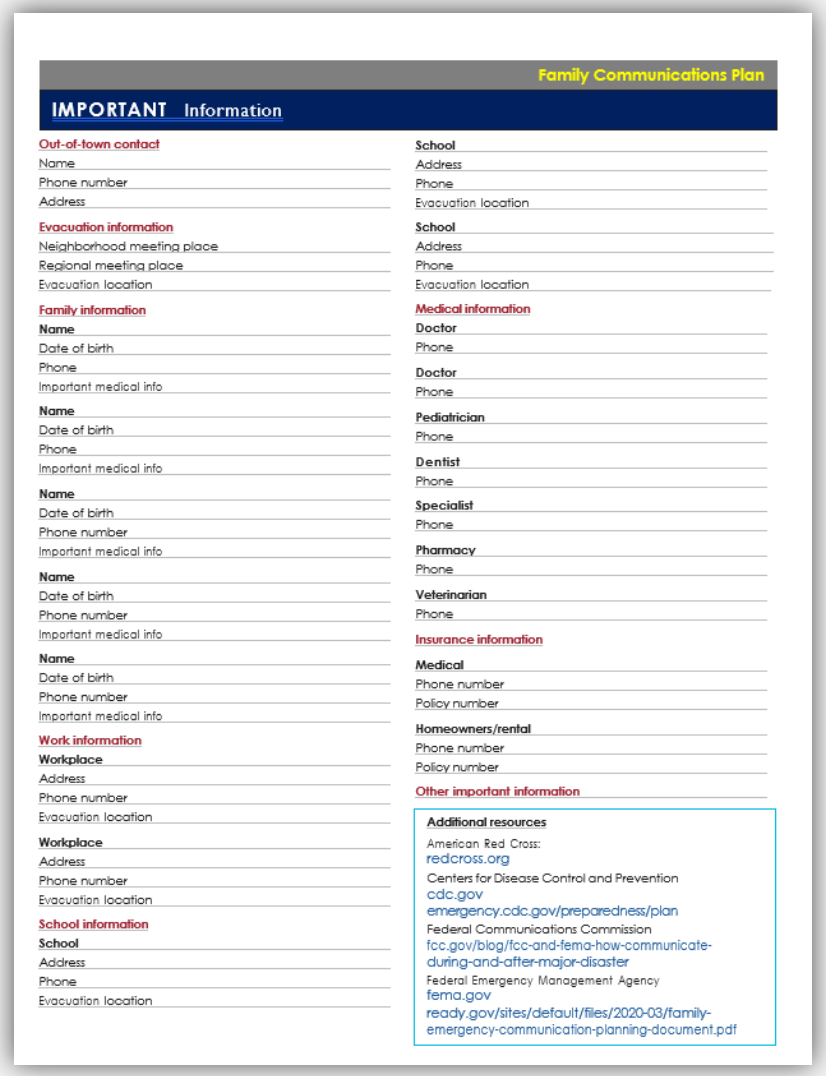
Hold A Family Meeting

- Types of disasters and what to do in each situation
- Assign responsibilities, work together
- Decide on locations where you will meet in case a disaster strikes:
  - Outside your home and neighborhood in case of a sudden emergency, such as a tornado or fire.

Be Preprepared – Make a plan

- Locate safe places in your home for each type of disaster.
- Determine the best evacuation routes from your home.
- Show each family member how and where to shut off utilities (water, gas, electricity).
- Make a complete inventory of your home and property.
- Teach each family member how to use a fire extinguisher and where to find one.

Be Preprepared – Communication Plan



Family Communications Plan

IMPORTANT Information

Out-of-town contact
Name
Phone number
Address

Evacuation information
Neighborhood meeting place
Regional meeting place
Evacuation location

Family information
Name
Date of birth
Phone
Important medical info

Name
Date of birth
Phone
Important medical info

Name
Date of birth
Phone number
Important medical info

Name
Date of birth
Phone number
Important medical info

Name
Date of birth
Phone number
Important medical info

Work information
Workplace
Address
Phone number
Evacuation location

Workplace
Address
Phone number
Evacuation location

School information
School
Address
Phone
Evacuation location

School
Address
Phone
Evacuation location

School
Address
Phone
Evacuation location

Medical information
Doctor
Phone

Doctor
Phone

Pediatrician
Phone

Dentist
Phone

Specialist
Phone

Pharmacy
Phone

Veterinarian
Phone

Insurance information
Medical
Phone number
Policy number

Homeowners/rental
Phone number
Policy number

Other important information

Additional resources
American Red Cross:
redcross.org
Centers for Disease Control and Prevention
cdc.gov
emergency.cdc.gov/preparedness/plan
Federal Communications Commission
fcc.gov/blog/fcc-and-fema-how-communicate-during-and-after-major-disaster
Federal Emergency Management Agency
fema.gov
ready.gov/sites/default/files/2020-03/family-emergency-communication-planning-document.pdf

- Program “I.C.E” (in case of emergency) numbers into your phone and family members’ phones.
- Prepare a family contact sheet with the names, addresses and phone numbers of important contacts.
- Include an out-of-town contact
- Create a contact card for each member of the family
- Take a picture of your plan with your phone.

Be Preprepared – Disaster Kit

- Water (one gallon per person per day for several days, for drinking and sanitation)
- Food (at least a several-day supply of non-perishable food)
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert
- Flashlight
- First aid kit
- Extra batteries
- Whistle (to signal for help)
- Plastic sheeting and duct tape (to shelter in place)
- Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- Wrench or pliers (to turn off utilities)
- Manual can opener
- Local maps
- Cell phone chargers and a backup battery

Be Preprepared – Disaster Kit - Consider

- Prescription medications. Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Prescription eyeglasses and contact lens solution
- Infant formula, bottles, diapers, wipes and diaper rash cream
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- Sleeping bag or warm blanket for each person
- Complete change of clothing and shoes
- Matches in a waterproof container
- Personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children

Be Preprepared –Pets

Make A Plan

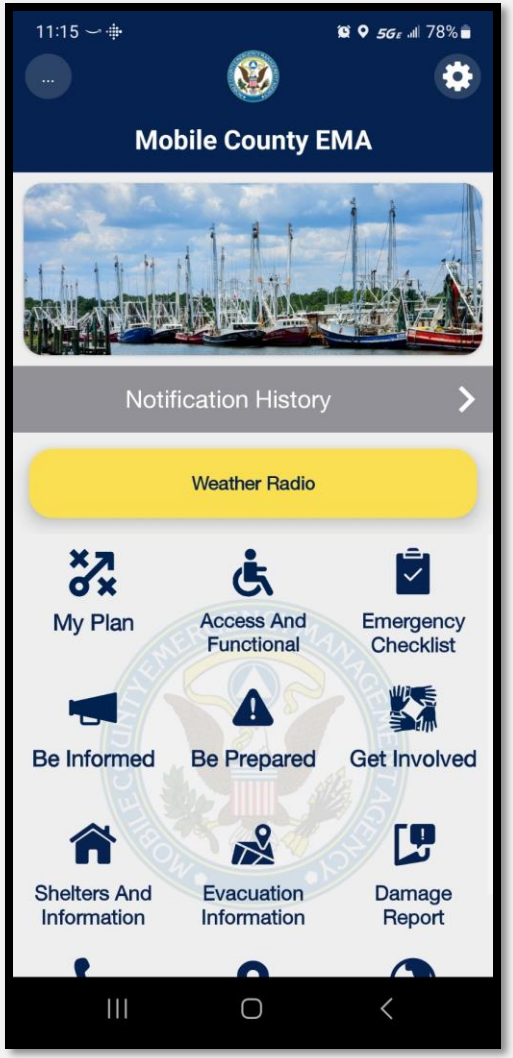
- Plan where you and your pet will stay in case you need to evacuate your home.
  - Locate boarding facilities near your shelter
  - Identify out-of-town friends or relatives
- Pets are not allowed in shelters, unless they are service animals.
- Create a buddy system in case you're not home during an emergency.

Be Preprepared –Pets

Kit

- Make sure your pet(s) wear collars and tags
- Keep a leash and/or carrier near the exit.
- Food and water for at least 2 weeks for each pet
- Medications for at least 2 weeks
- Medical records, including record of vaccination

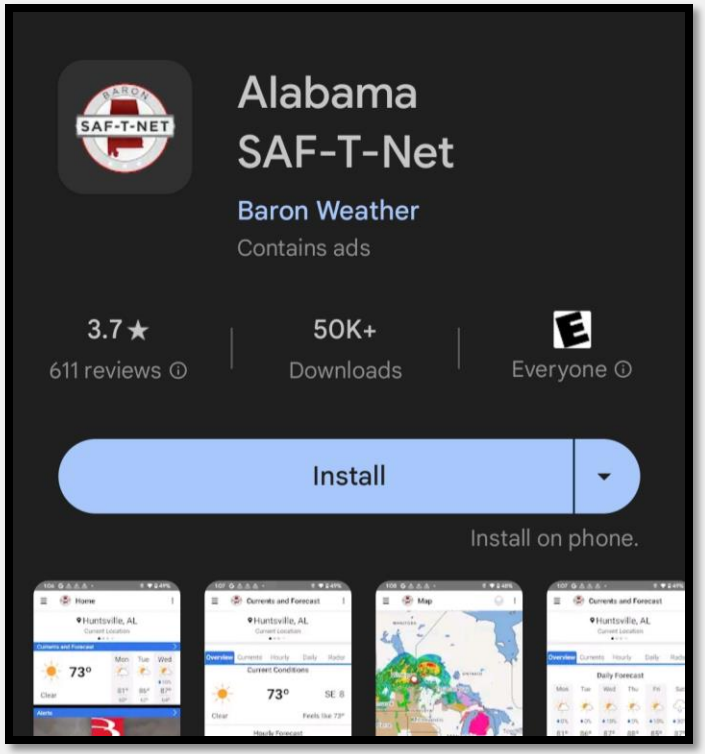
Be Preprepared – MCEMA App

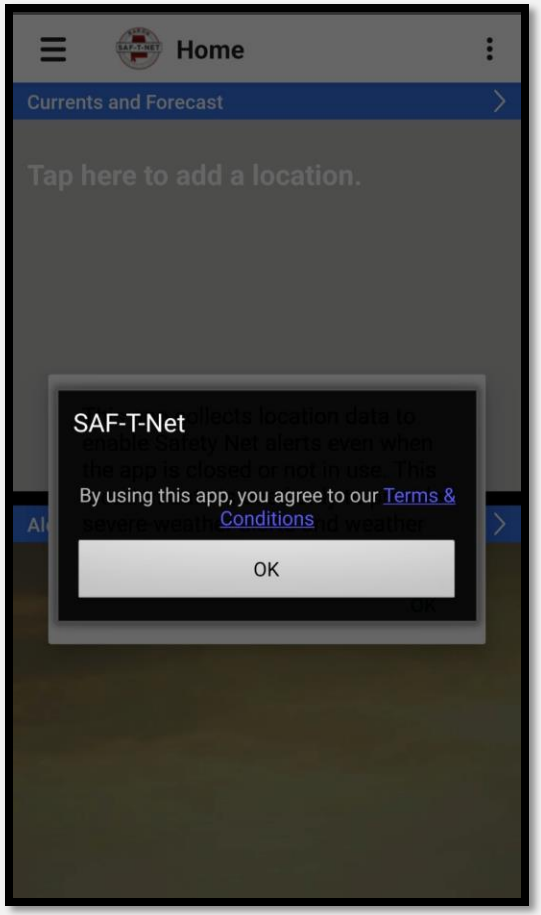


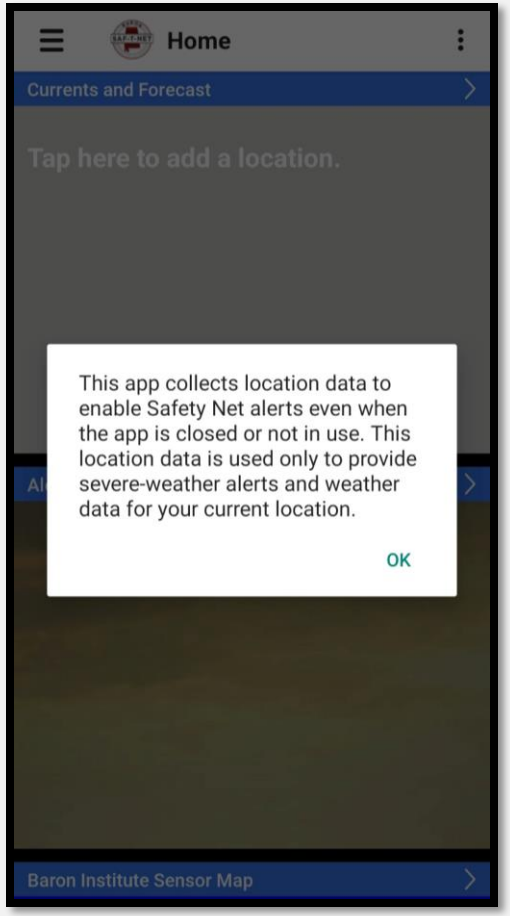
Weather Information

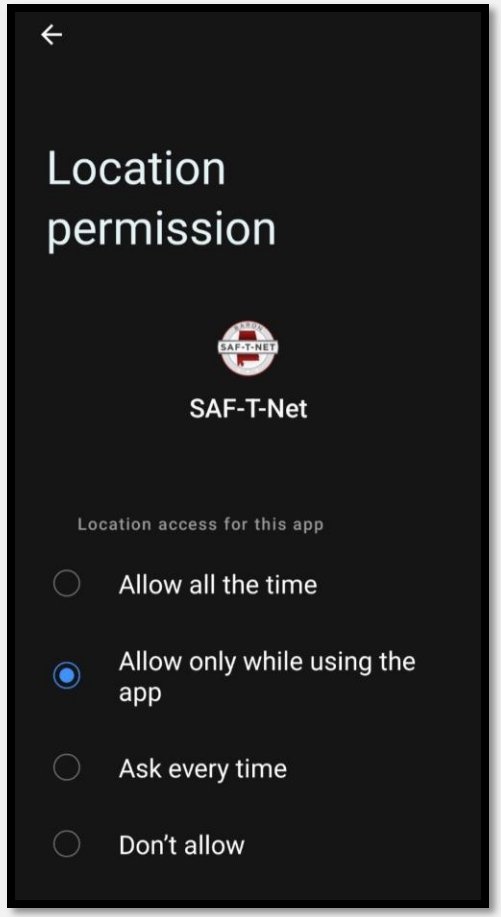
- Local Weather Stations
- Reliable sources

Alabama SAF-T-Net









Be Informed
Be Prepared
Be Resilient

Mobile County EMA